

### Unique Challenges

ADHD is a group of related childhood problems that cause difficulties with behavior, academic performance, and peer relationships in about five percent of school-aged children. In the United States alone, it affects between one and two million children.

### We Can Help

As a loving parent, you want your child to be a success - at school and in life. Now, with the NYU Summer Program for Kids, you can give your child a fun and productive summer experience.

By the time your child goes back to school next year, s/he will have been taught:

- how to develop social skills such as listening, sharing, cooperating, compromising, empathy, and teamwork and how to handle social challenges such as teasing and conflict resolution
- how to follow rules and understand the importance of compliance in the classroom and at home
- sports skills and good sportsmanship (teamwork, performance, tolerating frustration)

The NYU Summer Program for Kids is part of a larger institution, the New York University Child Study Center, the nation's premier clinical and research facility for child and adolescent mental health.

#### Our key goals include:

- Increasing the body of scientific knowledge about child mental illness
- Eliminating the stigma of being or having a child with a psychiatric disorder
- Improving the practices of professionals serving children
- Influencing child-related public policy

Whether you are concerned, in search of answers or your child has already been diagnosed with a psychiatric or learning disorder, we can help. Some of our many areas of expertise include ADHD and behavior disorders; learning disorders; anxiety disorders including OCD; depression and bipolar disorder; Tourette and tic disorders; and Autism Spectrum Disorders.

Our clinicians are nationally and internationally recognized leading experts in their fields. They use research-tested evaluations and treatments, including family therapy, behavioral therapy, Cognitive Behavioral Therapy (CBT), Dialectical Behavioral Therapy (DBT), and medication treatment. Regardless of the specific diagnosis or problem, we appreciate that each child is a special and unique individual, which is why we take such great care in tailoring the treatment to meet their specific needs.

The NYU Child Study Center is also nationally recognized for its research; bringing evidence based treatments to the children and families that need it the most. Participation in these studies are open to families who will receive free evaluation and treatment, while helping us gain new knowledge that will improve the care of children on a national scale.

Please contact us to find out which of the NYU Child Study Center's programs and clinicians are best suited to the needs of your child, adolescent or young adult. We can be reached at (212) 263-8916 or [services@AboutOurKids.org](mailto:services@AboutOurKids.org). For our Bergen County, New Jersey office, call (201) 465-8111. Visit [AboutOurKids.org](http://AboutOurKids.org) to watch *Summer in Paradise* and learn more about the Summer Program for Kids.

**NYU Child Study Center**  
577 First Avenue  
New York, NY 10016

(212) 263-6622  
Online at [AboutOurKids.org](http://AboutOurKids.org)

**Giving Children Back Their Childhood**



NYU Summer Program for Kids is New York's first all-day, therapeutic program devoted exclusively to children with Attention-Deficit/Hyperactivity Disorder. The program is specifically designed to improve children's:

- Social behavior
- Friendship skills
- Academic competence
- Problem-solving skills
- Classroom behavior
- Sports competence
- Rule following
- Home behavior
- Anger control

## SUMMER PROGRAM FOR KIDS

An eight-week therapeutic program for children with Attention-Deficit/Hyperactivity Disorder

NYU CHILD STUDY CENTER  
[www.AboutOurKids.org](http://www.AboutOurKids.org)

### We Emphasize Fun

Our program is committed to understanding the unique problems that children with ADHD face, and helping these children develop social skills and self-esteem. Each day, children participate in a team sport and a skills drill, under the guidance of attentive and nurturing counselors. Daily activities also include arts and crafts, swimming, academic and computer work in our learning centers, and social skills training.

### Our Staff Make the Difference

Our superb counselors are advanced psychology undergraduate and graduate students who seek out these highly competitive positions. They are compassionate, extremely motivated, experienced in working with children, and are usually on a career path in the mental health or education fields. They participate in a month-long, all-day intensive training where they gain an understanding of children with special needs and master behavioral strategies that enable them to work effectively with campers. Highly qualified teachers lead the academic, computer, and art components of the program, and provide academic enrichment. All staff are regularly supervised by on-site clinical psychologists in order to optimize the child's summer experience and

to effect positive behavior change. Our ratio of one staff member for every one to two children enables the NYU Summer Program for Kids to make the summer a productive and fun experience for every child.

### Parents as Partners

Parents are encouraged to attend weekly group training sessions throughout the eight-week program. Parents will learn effective behavior management techniques to improve compliance and promote independence and positive self-esteem in their child. We provide a supportive atmosphere where parents can share their experiences and develop skills and confidence in themselves as parents of children with special needs.

**Location** The NYU Summer Program for Kids is located in the Throgs Neck section of the Bronx on the beautiful campus of SUNY Maritime College in historic Fort Schuyler. Maritime College is a modern, well-maintained, secure facility with lovely grounds in a residential setting. Maritime's outdoor playing fields, indoor heated swimming pool, and indoor gymnasium provide excellent recreational facilities for our full sports program.

**Transportation** Transportation is provided from centrally located pick-up and drop-off points throughout the New York metropolitan area by fully licensed and insured bus companies.

**Schedule** Eight weeks, starting the last week of June, from 8:15 a.m. to 4:00 p.m.

**Tuition** \$9,300 for the eight-week summer session. Partial scholarships are available to eligible families.

Since this is a clinical treatment program, insurance companies may provide partial tuition reimbursement. In order to ensure your child receives the individualized care and attention s/he deserves, the program size is limited.

**Enrollment** The application process includes a clinical assessment to determine eligibility and suitability of the program for your child.

### Director

**Karen Fleiss, Psy.D.**, is Assistant Professor of Child and Adolescent Psychiatry and the Clinical Director of the NYU Child Study Center Long Island Campus. Since the launch of the Summer Program for Kids in 1997, she has successfully operated and expanded the program. Dr. Fleiss is a nationally renowned clinician with extensive expertise diagnosing and treating children with behavioral and social issues and proficiency in behavior management and parent training.

### Scientific Advisor

**Howard Abikoff, Ph.D.**, the Pevaroff Cohn Professor of Child and Adolescent Psychiatry, is a leading researcher and the Director of the Institute for Attention Deficit Hyperactivity and Behavior Disorders at the NYU Child Study Center. Dr. Abikoff consults with the staff throughout the summer and provides additional oversight for your child.

Administrative offices are located at the Long Island Campus of the NYU Child Study Center, 1981 Marcus Avenue, Suite C102, Lake Success, NY 11042.

**For more information, please call us at (212) 263-0760 or (516) 358-1811. Online at [www.AboutOurKids.org/SPK](http://www.AboutOurKids.org/SPK)**

