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## Is My Kid OK? New Web Site Helps Parents Answer Tough Questions

*AboutOurKids.Org Offers Tips and Resources on Child and Adolescent Mental Health*

**NEW YORK, February 5, 2008** – Parents often don't know where to turn when they need more information on their child's mental health but now **AboutOurKids.org**, the newly revamped, award-winning web site of the New York University Child Study Center (CSC), provides visitors with a more user-friendly online experience. Whether they are looking to define a disorder such as Autism or Asperger, searching for tips on how to deal with issues like separation anxiety and bullying, or trying to find a mental health professional, the new site is a handy resource for essential information on childhood well-being.

Parenting is one of the most difficult – and rewarding – jobs and raising kids in today's changing world can be confusing and complex. The NYU CSC developed AboutOurKids.org to provide parents and other caregivers (including educators, pediatricians and mental health professionals) with important information to help them stay informed and deal with the challenges of raising a healthy and happy child.

The new site offers hundreds of articles and tips from renowned CSC experts on a wide range of relevant issues, including warning signs and early detection methods for learning disabilities (such as Dyslexia), behavioral disorders (such as Attention- Deficit/ Hyperactivity Disorder or ADHD) and other mental and developmental health issues plus current treatment options and recommendations.

An enhanced design, with a new layout and fresh colors, allows for easier navigation and gives an extensive audience better access to important resources. Features such as the "A-Z Disorder Guide" and a "Find a Doctor" link help visitors quickly locate the information they need with the click of a mouse. A dynamic home page and an electronic newsletter offer relevant information on timely topics and keep visitors up to date on happenings at the Center and in the field of child and adolescent psychiatry. Plans are currently in the works to expand the multi-media content with videos and podcasts.

### **NYU Child Study Center**

New York University Child Study Center is the nation's leading organization for research, prevention and treatment of child and adolescent psychiatric and learning disorders. Through science-based clinical care, cutting-edge research, expert professional training, and extensive public education, the Center strives to generate new knowledge about child mental health, improve the practices of healthcare professionals who serve children, and influence child-related public health policy. Most importantly, the Center provides hope, help and care to children and their families who suffer from these disorders.

The NYU Child Study Center is committed to giving children back their childhood. To learn more, visit [AboutOurKids.org](http://AboutOurKids.org).

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